

笹川記念保健協力財団 海外研修助成

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2016年度ホスピス緩和ケア従事者に対する海外研修助成（論文発表）
研修報告書の提出について

標記について、下記のとおり報告いたします。

記

1. 論文タイトル

EMOTIONAL ISSUES FOR END-OF-LIFE CANCER PATIENTS
AT HOME

2. 研修期間 2016 年 9 月 4 日～2016 年 9 月 7 日

3. 発表学会の名称

The International Conference on Cancer Nursing 2016

4. 研修報告書

別紙

(注) 研修報告書は別添に、発表論文内容を英文で、A4用紙1枚程度に
まとめること)

EMOTIONAL ISSUES FOR END-OF-LIFE CANCER PATIENTS AT HOME

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[Purpose] To identify the emotional issues experienced by end-of-life cancer patients undergoing home palliative care.

[Methods] Data were collected from 6 patients receiving home palliative care with a life expectancy of half a year or shorter using a semi-structured interview and a participant observation approach. The data obtained were analyzed using the phenomenological psychology approach proposed by Giorgi. This study was approved by the ethics review board of the institution to which the researcher belongs. In terms of ethical considerations, we ensured the voluntary participation of the subjects in the study and the protection of their privacy.

[Results] Patients experienced various thoughts, such as “Why am I the only one to have caught this disease? This is something that cannot be helped”, “It’s no use being depressed. This is a fact (becoming bed-ridden)”, “I am prepared for death. Surgery is no help at all”, or “Struggling does not do any good.” They tried to express these thoughts by simply saying, “This is something that cannot be helped.”

[Discussion] The patients’ expression, “This is something that cannot be helped,” indicates an emotional challenge. That is, although the patients were aware that they could not change their “cancer”, “decline and loss of independence”, “own death”, and “destiny,” they were trying to cope with a lack of conviction. This suggests that nurses need to carefully listen to patients and to understand what patients have in mind, which is reflected in the expression “This is something that cannot be helped.”