

# **Annual Report 2019**

April 2019 — March 2020

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#### Introductory Essay

## Thoughts on the 120th Anniversary of the Birth of Our Founder, Mr. Ryoichi Sasakawa, from a Healthcare Development Perspective

Many biographies have been written and studies compiled on the life of Mr. Ryoichi Sasakawa (May 4, 1899-July 18, 1995), the founder of Sasakawa Health Foundation. However, there are few publications that describe in detail Mr. Sasakawa's thoughts on healthcare and well-being, even though they make up the pillars of our Foundation.

The Foundation was established to tackle Hansen's disease, based on the deep convictions of Mr. Sasakawa and the enthusiasm of Dr. Morizo Ishidate, its first President. Hansen's disease is a chronic infectious disease caused by an extremely weak bacillus, *Mycobacterium leprae*. Many discoveries have been made in the field of bacteriology and clinical studies, yet issues surrounding persons affected by the disease and their families remain far from resolved. In the year that commemorated 120 years since Mr. Ryoichi Sasakawa's birth, we searched far and wide for books that had been published, and memos and other materials he had left behind, and became engulfed in an enormous sea of documents. Nevertheless, we felt it was the responsibility of the Foundation to celebrate the mindset of this great human being who was knowledgeable, virtuous and humane, so I keenly felt the necessity to take the time to organize them chronologically.

It is believed that his well-known saying, 'The world is one family. All mankind are brothers and sisters,' made its first appearance in 1939. The following words are from the 'Sugamo Diary' that Mr. Sasakawa kept while incarcerated in Sugamo Prison after WWII. Despite the extraordinary circumstance of being imprisoned by the occupying Allied Forces, these were the words that he repeatedly wrote: '(This cell, this block is) a family,' world peace,' anticommunism,' 'prevent starvation,' and 'education.' Not many people use these expressions as readily as he did, even in today's globalized world, so one wonders how many Japanese born in the 19th century would have been capable of thinking about the world in this way and expressing these ideas freely in the 1940s in a defeated country?

It was in 1978 that Dr. Carl E. Taylor (July 26, 1916-February 4, 2010), who established the interdisciplinary field of International Health, introduced the concept of Primary Health Care (PHC) with the aim of ensuring the health and well-being of each person. At the 30th World Health Assembly held a year earlier, the idea of "Health for All" was unanimously adopted; it was the first developmental concept focusing on universal health. However, the first person to acknowledge the importance of PHC was a giant named Ryoichi Sasakawa.

In 1984, when no one in Japan imagined that a new concept of health was emerging nor that it would soon become the world standard, the Sasakawa Health Prize was established at the World Health Organization. The prize was presented to people and organizations from around the world that promoted PHC. This prize became the forerunner of awards currently presented by various countries at the World Health Assembly. To date, 29 individuals and 27 organizations have received the Sasakawa Health Prize.



'The world is one family. All mankind are brothers and sisters' in modern terms would correspond to 'Leave no one behind.' In 2015, a global program focused on achieving this objective, the 'Sustainable Development Goals', was created. It amazes me to think how advanced and practical Mr. Sasakawa's ideas were.

For 45 years, Sasakawa Health Foundation has tackled both the medical and social aspects of Hansen's disease, and striven to preserve its history, based on a commitment to leave no one behind. Simultaneously, we have endeavored to educate nurses as resources capable of providing suitable health services for people across the globe.

The road to implementing the ideals of our venerable founder Mr. Ryoichi Sasakawa is never-ending, but we will keep moving forward.

Etsuko Kita, MD, PhD Chair Sasakawa Health Foundation

アラ

シテキシャあっとのではなうをみってもころ生なしてあってあっ

"This cell is a family, this

prison is a family, in the

end everybody in grand

emotion is brotherly love

Japan is a family: this

People are able to

coexist, only if each

person felt this love

January 12, 1945

(Sugamo Diary)

#### Reflecting on 2019

## **45th Anniversary** of the Foundation and 120th Anniversary of the Birth of Our Founder

The year 2019 marked the 45th anniversary of Sasakawa Health Foundation and the 120th anniversary of the birth of Mr. Ryoichi Sasakawa, our founder. On behalf of the board members and staff of the Sasakawa Health Foundation, I wish to thank you from the bottom of my heart for your continued support throughout the years.

As they often say, ten years ago seems like ancient history. Society is changing at a pace faster than ever and this may be the age of IT and AI. It has become common at the Foundation to have friendly conversations with people in Japan or overseas through the computer screen. Modern Japan experienced the eras of Meiji, Taisho, Showa, Heisei and now Reiwa; we all have feelings of fondness, familiarity and attachment to each of these era names. Since its establishment, our Foundation has existed through the final third of the postwar Showa era, all of Heisei and is currently in Reiwa. Each of these represents an epoch.

The Foundation was established by Dr. Morizo Ishidate, also known as the father of chemotherapy for Hansen's disease in Japan, as the Chair and Mr. Ryoichi Sasakawa as the President. Its goal was to eliminate Hansen's disease from the world this at a time when new case numbers were in the millions. Much of Showa was spent in laying the groundwork for the Foundation, and thereafter, working in conjunction with the World Health Organization during the 1980s and on the Foundation's own initiatives in the 1990s. The singular efforts of the Foundation had a groundbreaking impact in reducing the number of new cases globally.

In the 2000s, we took up the social aspects of Hansen's disease as well the preservation of its history. Mr. Yohei Sasakawa (Chairman of the Nippon Foundation) became WHO's Goodwill Ambassador for Leprosy Elimination, and by supporting his mission, we established a quite special role—even by global standards—of advocating with world leaders and heads of international organizations. Additionally, Dr. Shigeaki Hinohara, the Chair (later President Emeritus) of the Foundation from 2000, initiated educational programs for palliative care.

This prompted the development of human resources that would become the core of community health. As of fiscal 2019, over 60 facilities had been created in 23 prefectures throughout Japan, which nurses themselves run and operate. In this rapidly growing super-aging society, they will inevitably be sought after as reliable actors in the integrated community care system. We anticipate their success.

We coined the phrase 'Better Health and Dignity for All' in 2016. It embodies the ideas that Mr. Ryoichi Sasakawa jotted down when he was young. As mentioned in the previous feature, his love for people, love for family, love for country and love for the world are what today's world seeks—a world without discrimination, a society that leaves no one behind. In looking back on our 45-year history, we once again reflected upon the extraordinary generosity and greatness of the venerable Mr. Ryoichi Sasakawa. It was the year we renewed our convictions to serve, to work and to contribute, all the more. Upon presenting this Annual Report, we seek your further guidance and support. Thank you.

"All the people in this world are brothers." January 13, 1945 (*Sugamo Diary*)

Etsuko Kita, MD, PhD Chair

Sasakawa Health Foundation





Columns, essays, activity logs and presentations from the point of view of a physician, issued periodically.



https://www.shf.or.jp/blog\_chair



Striving to enrich the physical, mental, social and spiritual well-being of people whoever they are, wherever they are and whatever their circumstances and helping them to maintain their dignity as human beings.

# Better Health & Dignity for All

LEAVE NO ONE BEHIND		笹川保健財団 SASAKAWA Health Foundation
	2019	
Sustainable Development Goals	2015	
	2014	Program for Home-care Nursing Center
Universal Health Coverage Millennium Development Goals	2000	
	1998	Hospice/Palliative Care Project
Human Security / Reproductive Health	1994	
	1991	Chernobyl Medical Cooperation Project
Human Development	1990	
	1986	Japan-China Sasakawa Medical Fellowship
	1984	WHO Sasakawa Health Prize
Primary Health Care "Health for All"	1978	
	1974	Establishment of the Foundation, Hansen's disease program
	1939	The world is one family. All mankind are brothers and sisters (Ryoichi Sasakawa)

Developments around the World and Operations of the Foundation

## Mission

## Tackle Hansen's disease

To build a society where Hansen's disease is not deemed an issue, discrimination and stigma do not exist, and persons affected by Hansen's disease can receive the treatment and services they need

### Eliminate the disease

Promote "Zero Leprosy" with WHO, governments of endemic countries, organizations of persons affected by Hansen's disease, international NGOs and researchers

Promote measures at the policy level by enhancing the activities of the WHO Goodwill Ambassador for Leprosy Elimination

## Social Welfare

Eliminate discrimination

Support activities to eliminate discrimination/restore dignity

Strengthen and empower organizations of persons affected by Hansen's disease

Promote and disseminate correct information

### Preserve history and memories of persons affected by Hansen's disease

Collect and preserve historical documents

Create a network of interested parties







Empower nursing, a vital activity to enable everyone in the community to lead a healthy existence with a good quality of life

#### **Strengthen nursing** in the community

Develop human resources that are an asset to nursing and community health Create a base for home-care nursing as the nucleus of a comprehensive community care system Create and maintain a network of home-care

nursing staff

### **Effectiveness and visibility** of nursing power

Study results from nursing practice for policy recommendations

Promote the role and potential of Japanese nurses at home and abroad

## **Social** Innovation

### **Revolutionize** public awareness toward health

Support community-based awareness activities Hold public lectures to deepen understanding of public health/wellbeing



## **Enhancing Social Welfare** Eliminate discrimination, Empowerment Awareness-raisin Let's Create a World with No Stigma against Hansen's Disease

## **Our goal**

#### Elimination of discrimination against persons affected by Hansen's disease and their family members

Hansen's disease is an ancient chronic infectious disease caused by the bacillus Mycobacterium leprae. The disease mainly affects the skin and peripheral nerves, causing skin lesions and numbness in the hands and feet. Without early and appropriate treatment, it can result in permanent disability.

Once incurable, the disease is now treated with an effective drug

combination developed in the 1980s. But deep-rooted discrimination and stigma persist in society due to misconceptions about the disease, marginalizing persons affected and their families and limiting their opportunities in education, employment and other aspects of their lives. This discrimination also acts as a barrier to early diagnosis and treatment, which can result in disability and attract further discrimination. This negative spiral must be stopped.

## How we get there

#### Fighting discrimination to restore dignity

In collaboration with the United Nations Special Rapporteur on leprosy, we aim to eradicate discriminatory laws on Hansen's disease that remain in some countries and promote proper implementation of the 'Principles and guidelines for the elimination of discrimination against persons affected by leprosy and their family members' adopted by the United Nations.

#### •Strengthening and empowerment of People's Organizations Organizations of persons affected by Hansen's disease are the core to solving Hansen's disease-related problems in various

countries. In order for them to construct a solid foundation in society and continue to grow, we support their organizational strengthening and human resource development, as well as network building between the organizations.

#### •Disseminating correct information on Hansen's disease and awareness-raising

In order to spread correct knowledge and understanding of Hansen's disease, we conduct awareness-raising activities via international symposiums, lectures and events, as well as via print and social media.

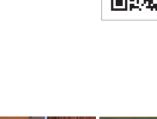
#### **Global Forum of People's Organizations on** Hansen's Disease

From September 7 to 10, 2019, the Global Forum of People's Organizations on Hansen's Disease was held in Manila, the Philippines. Over 80 representatives from 23 organizations across 18 countries attended the Global Forum.

This Global Forum was a follow-up to three regional assemblies held in Africa, Asia and Latin America/Caribbean between January and March, 2019. It focused on human rights, sustainability of organizations and participation of persons affected by Hansen's disease. It resulted in 'Summary, Conclusions and Recommendations' being unanimously adopted by the participants.

https://www.shf.or.jp/information/6813







Global Forum: Representatives of 23 organizations of persons affected by Hansen's disease gathered from around the world in Manila, the Philippines.





inions at a training session.





**Highlights of 2019** 

#### **•**Voices of persons affected by Hansen's disease are heard at the International Leprosy Congress

We participated in the 20th International Leprosy Congress, held immediately after the Global Forum, along with representatives of people's organizations. Held every three years, the congress brings together all stakeholders in Hansen's disease, including governments, international organizations, researchers, medical professionals and NGOs. Taking the opportunity, a session for sharing the outcome of the Global Forum was held and the views of persons affected by Hansen's disease resonated. ◆ Joint action for World Leprosy Day 2020

In conjunction with World Leprosy Day on January 26, 2020, 17 organizations of persons affected by Hansen's disease from 16 countries took to social media to carry out awareness campaigns to eradicate discrimination, under a unified slogan and logo. They had previously agreed on undertaking a joint campaign at the Global Forum. The slogan, "Hansen's Disease-Free World with Knowledge and Love," was proclaimed around the world.

Unfortunately, there still are those who believe that Hansen's disease is a punishment or curse from God, or a hereditary disease. Therefore, we aim to continue carrying out such events using a multi-layered approach to achieve our goal of a world without discrimination and stigma.

loint campaign, Brazil: Disseminating correct information and raising



Hansen's Disease-Free World with Knowledge and Love World Hansen's Disease Day

Logo and slogan for the joint campaign: The handshake symbolizes solidarity and respect, and conveys the message that someone who has been treated for Hansen's disease is no longer contagious. The rays of light signify correct information spreading throughout the world.







# Social Innovation by Nurses **Nurses Are Going to Change Society**

#### Empowerment of nurses will change society

With the advance of the super-aging society, characterized by a low birthrate and high mortality rate, the requirements for medical and palliative care are changing: The hospital-centered medical system is shifting toward a comprehensive health/medical/welfare support system with community life at its core.

Nurses form the largest group of healthcare professionals. Their jobs consist not only of cooperating with doctors in the medical arena, but, just as importantly, of supporting people in

their daily lives where they live. As nurses expand the scope of their activities, enabling them to exert their full potential, they will be valuable not only in nursing/end-of-life care, but also in maintaining and enhancing people's health in the community.

In Primary Health Care, each person is guided to think about his or her own health. Based on these principles, there will be changes in people's perception of health, making it possible for us to aim for a sustainable society in which medical resources are utilized appropriately and effectively.

## How we get there

**Our goal** 

Training program to nurture entrepreneurial nurses

The Foundation offers an eight-month program to train nurses to manage and operate home-care nursing centers (home-care nursing stations) that will play a role as a hub of the community.

#### Support for start-up and expansion: 'The Nippon Foundation Home-care Nursing Center'

Subsidies are granted for setting up bases that enable nurses to exert their potential, e.g. starting a home-care nursing center, multifunctional long-term care in a small group home, or a branch/satellite station of an existing center.



Data collection through network analysis and

The network is a platform where nursing entrepreneurs, spread throughout Japan, can share the latest information and consult/discuss business matters on a daily basis. We hope it will help strengthen their nursing center businesses.



information output We collect and analyze data on the operational status of each home-care nursing center in Japan and on the local area. Then, we actively share the findings, together with the purpose and

achievements of the program, at conferences and in journals.

## A total of 17 nurse entrepreneurs completed



In January 2020, after eight months of training, 17 nurses set off on their own separate paths throughout Japan. Since our program began in 2014, 84 nurses have accomplished this feat.

#### Opening of 15 Nippon Foundation Home-care Nursing Centers in 9 prefectures

During fiscal 2019, 15 nurses-most of them from the 2018 program-began operation of nursing centers. In Hiroshima and Kagoshima prefectures, nursing centers opened for the first time. Some centers began to expand their operations, such as opening a branch or satellite or moving to a more spacious location. As of March 2020, there were 61 home-care nursing centers operating in 23 prefectures across Japan.

#### The first multifunctional long-term care system in a small group home supported by the Foundation began operation

The first multifunctional long-term care system in a small group home that the Foundation supported began operation in Isehara City, Kanagawa Prefecture, in March 2020. (This was the third nursing center after those in Fukushima and Hyogo prefectures.) It assists persons requiring medical support to continue living at home. The nurses, in coordination with caregivers and care managers, provide care and assistance to those who require it through a combination of home visits, outpatient appointments and overnight stays.



Visiting a child with special needs: A nurse visits a home to give all-round support to the family, so that living at home is possible. The special issue of *Community Care* magazine featuring The Nippon Foundation's Home-care Nursing Center program

The Nippon Foundation's Home-care Nursing Center program

he special issue of Community Care magazine featuring

end of March 2020). The network is established throughout Japan and there is a system in place for centers to share information and seek advice. \* O Indicates prefectures with centers opening in 2020.

### 9

#### Discussions with home-care nursing center entrepreneurs from across Japan

A meeting was held in November 2019 to exchange ideas on operation and management of home-care nursing centers. A total of 30 nursing center entrepreneurs participated in the event as leaders of social change, holding lively discussions not only on the subject of nursing and entrepreneurship, but also about current and future issues surrounding the centers, the community and society.

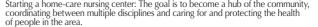
#### A magazine features our program

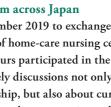
Our program was featured in *Community Care*, a magazine published by the Japanese Nursing Association Publishing

Company. The entire 145-page November 2019 special issue was devoted to the subject, introducing the aim of the program and each of the home-care nursing centers currently operating. It also analyzed the program in light of the accomplishments and results.

#### The First Annual Meeting of the Japanese Association for Home Care Medicine

In cooperation with nurses who had completed our program, we gave a presentation titled: "The fight of entrepreneurial nurses in pursuit of quality end-of-life care: Social innovation by nurses." It outlined the program and the efforts of home-care nursing centers, and was followed by lively discussions. Over 200 people attending the 170-minute-long session.



















# **Our Accomplishments**

## **After School Learning Centers to** sever the chain of poverty

In India, home to 60% of annual new cases of leprosy, discrimination against persons affected and their families remains severe. In the past, when people affected by Hansen's disease could not receive adequate treatment, they formed their own colonies to flee the stigma. They made a living from begging and other means. There are around 750 colonies throughout India, whose residents are at a disadvantage in terms of employment, education and other opportunities.

Education issues are especially critical. Due to being bullied at school and with no instilled habit of studying at home, many children end up dropping out. As a result, securing a job with a steady income becomes difficult. To solve this issue, the Foundation began supporting After School Learning Centers (ASLC) run by Sasakawa-India Leprosy Foundation. Children attend centers in their community after school to study mathematics, science, English and computers. Currently, there are 273 students from grades 6 through 12 taking advantage of ASLC.

Education is critical to severing the chain of stigma and poverty facing the younger generation in the colonies. We will continue to support this project to contribute to improving living conditions in the colonies and to achieve a society free of discrimination against Hansen's disease.



Students at an ASLC

## Supporting the foundations of a new approach to healthcare

As the super-aging of Japanese society progresses, it is necessary to shift to a community-centered comprehensive health and medical structure. We have subsidized research within Japan on how to enhance and improve the supply systems for home-care nursing and home hospice/palliative care. Additionally, this year, we offered grants for trial activities at small-scale medical and nursing facilities, and for field studies on subjects for which there is as yet no evidence within the existing framework.

The project topics were quite diverse. One doctor developed an educational program catering to medical personnel. A nurse carried out a unique study on the efficacy of bathing in a bathtub for terminal cancer patients. These research findings will be made public at Japanese and international academic conferences.

The Foundation's grants were also used to circulate information regarding the home-care nursing centers and to devise ways to encourage people to think of their own health. In Totsuka Ward (Yokohama), which has a growing population of elderly, a nurse in charge of community health consultations used a grant to provide an opportunity for residents to learn about long-term-care insurance and an integrated community care system to enable people to remain living at home. We anticipate that nurses will continue to play an active role as they are the ones who notice minute changes in patients and have the medical and communication skills to evaluate problems.



A nurse advising a local resident

## Amplifying voices, influencing policy: The WHO Goodwill Ambassador

For the past ten years, the annual number of new Hansen's disease patients worldwide has remained about the same. While not all governments prioritize this issue, Mr. Yohei Sasakawa has been active as the WHO Goodwill Ambassador for Leprosy Elimination since 2001, visiting endemic countries to see the situation for himself, sharing the outcome of his visits with government officials and news media, and stressing the importance of taking measures against the disease.

In July 2019, he went to Brazil, the country with the second highest number of annual new cases, for the first time in four years.

He visited the states of Pará and Maranhão, where the disease is prevalent. He also met with President Bolsonaro, the health minister and other Cabinet members . As a result of the meeting, it was decided to hold a national conference on Hansen's disease involving all relevant parties, including the president and other federal government figures, governors of states with a high number of cases, mayors, board of health officials, medical personnel, persons affected by Hansen's disease and NGOs.

In Bangladesh, a national conference was held in December. This was the fruit of

discussions between the Goodwill Ambassador and Prime Minister Hasina in February. At the conference, attended by 600 health officials from around the country, the prime minister expressed her commitment to achieve zero disability, zero discrimination and zero disease by the year 2030



National conference in Bangladesh

## **Bringing back smiles: Cleft lip** and palate treatment for children

The 9th cooperative dispatch of a Showa University medical team to Madagascar took place from November 25 to December 10, 2019, for the treatment of children's cleft lips and palates. A total of 19 surgeries were performed at the Ave Maria Clinic, where Japanese sisters work, in the city of Antsirabé. A Malagasy doctor who had graduated from Showa University graduate school helped with the arrangements ahead of time and joined the team in examining and operating on patients. This exemplified the cooperation between professionals of both countries, and the transfer of technology.

The team examined 86 patients as word of mouth spread that treatment was free of charge and did not leave conspicuous scars. These included many difficult cases that European and African medical teams declined to operate on. A dentist accompanied the team to support patients before and after surgery, and also to give oral hygiene advice to the community.

To date, visiting Showa University medical teams have operated on 191 children. The attention to detail of the Japanese teams has gained the local community's respect, and the children, who used to go about their daily lives hiding their mouths, have regained their smiles and are joyfully attending school.



Members of the medical team in the operating room of Ave Maria Clinic

## **Changing minds and actions: Public lecture**

In collaboration with an NPO, the Association for Shaping the Future of People with ALD (A-Future), we held a public lecture on "Living with severe disabilities." How does one live after discovering that one's child has adrenoleukodystrophy (ALD)? Ms. Rie Honma, chairperson of A-Future, spoke of her love for her son, the activities of A-Future, her gratitude toward the volunteers, and the struggles and feelings she experienced. She had felt that home medical care had limitations, yet she was determined to start from home, and looked for local volunteers. Even though she was caring for a child with a disability, she energetically gave lectures in hopes that healthy, happy mothers would multiply throughout Japan, and she herself would lead a mindful life.

Ms. Natsuko Izena was born with osteogenesis imperfecta and has fractured her bones multiple times. Nevertheless, she has gone out into the world, making use of an electric wheelchair, has written columns, and is a mother of two. She spoke from the point of view of the disabled, expressed her appreciation for the people that supported her, her thoughts on discrimination and her way of life. The lecture made us realize that

## Grants

### **Building a network to preserve the** history of Hansen's disease

In Europe, efforts to preserve Hansen's disease history are progressing. Since 2017, we have been supporting the preservation activities of the only existing sanatorium in Spain, Fontilles Sanatorium, and Hospital-Colónia Rovisco Pais, the only national sanatorium in the history of Portugal. Thousands of documents, historical artifacts, and testimonies from former medical staff and persons affected by the disease have been gathered. This year, as the second phase of the project, panel presentations were prepared for touring exhibitions at home and abroad to convey this history not only to researchers but also to the general public.

In November, the first European meeting for preservation of historic leprosy sites was held at the initiative of Fontilles Sanatorium with the support of Sasakawa Health Foundation. Six organizations from four countries participated, including representatives from the University of Alicante (Spain), University of Coimbra (Portugal), Bergen Museum (Norway) and Greece's Ministry of Sports and Culture that oversees the site of the former Spinalonga sanatorium . The attendees confirmed the importance of mutual exchange, and agreed to hold a second conference in Portugal the following year. We hope that this network will become the driving force in promoting historical preservation of Hansen's disease throughout Europe.



The European networking conference at Fontilles

discrimination and prejudice handicap our minds, and those that discriminate may in fact be the ones who are ailing.



Ms. Honma (left) and Ms. Izena







Hansen's Disease in

for Home Care



Participation of



WHO Sasakawa







lobal Festa Japan





**Fraining Program** (Tok







5th Global Appeal to End Stigma and Discrimination against Persons



affected by Hansen's disease (Geneva, Switzerland (Co-sponsors: The Permanent Mission of Japan to the Intern Organizations in Geneva, and others)







Live! Work!" (Tokyo, Japan)

Opening ceremony: The Nippon Foundation







Open lecture, Vol.1: "Home care for the dying" – Home



st European meeting or preservation of









\*Meaning of the campaign: Think: Get more people to understand the disease; Act: Involve everyone in building an inclusive society; Share: Expand the campaign

#### Statement of accounts:Net asset increase/decrease

'From April 1, 2019 to March 31, 2020

I	General net asset increase or de	ocroaso
1	General net asset increase of ut	sciease

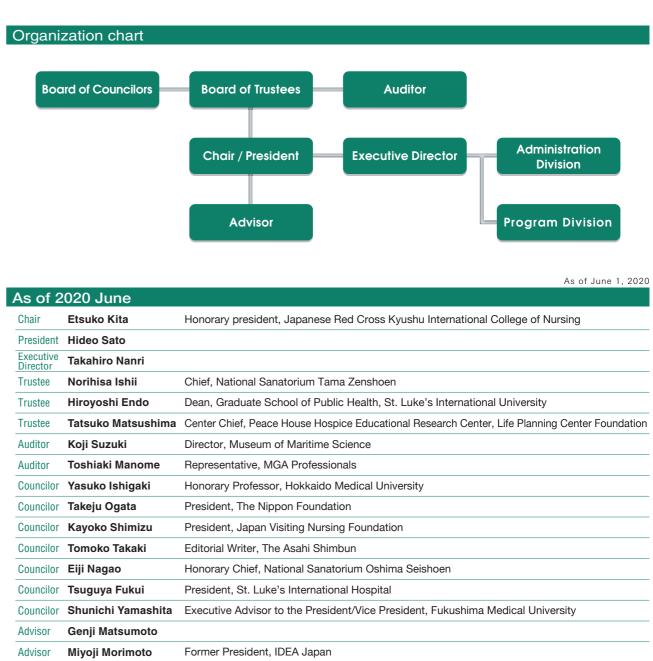
					(Unit : Yen)
Items		A/C Public Benefit Services	A/C Entity	Total	
1. Ordinary increase or	(1) Ordinary	Profit from endowment management	0	13,872,334	13,872,334
decrease	revenue	Profit from special asset management	48,550,925	27,173,905	75,724,830
		Operating revenue	7,200,000	0	7,200,000
		Subsidies received	583,816,862	77,870,000	661,686,862
		Donations received	17,221,119	310,000	17,531,119
		Miscellaneous revenue	719,232	13,071,974	13,791,206
		Profit from special asset sales	0	130,000	130,000
		Total ordinary revenue	657,508,138	132,428,213	789,936,351
	(2) Ordinary	Subsidies program cost	583,816,862	0	583,816,862
	expenses	Self-funded program cost	76,392,512	0	76,392,512
		Total program expenses	660,209,374	0	660,209,374
		Subsidies administration cost	0	77,870,000	77,870,000
		Self funds administration cost	0	41,682,313	41,682,313
		Total administration expenses	0	119,552,313	119,552,313
		Total ordinary expenses	660,209,374	119,552,313	779,761,687
	Ordinary increase/or profit/loss valuation	decrease before adjustment of	△ 2,701,236	12,875,900	10,174,664
Valuation profit/loss of special asset Profit/loss from currency exchange		△ 35,802,023	△ 68,075,315	△ 103,877,338	
		rrency exchange	△ 3,746,362	233	△ 3,746,129
	Total valuation pro	al valuation profit/loss		△ 68,075,082	△ 107,623,467
Ordinary increase/c		decrease	△ 42,249,621	△ 55,199,182	△ 97,448,803
2. Nonrecurring increase or decrease	(1) Nonrecurring revenue	Total nonrecurring revenue	0	0	0
	(2)Nonrecurring expenses	Total nonrecurring expenses	0	0	0
		Nonrecurring increase or decrease	0	0	0
		Increase/decrease of general net asset	△ 42,249,621	△ 55,199,182	△ 97,448,803
		Balance of general net asset at beginning of year	792,346,937	2,979,776,736	3,772,123,673
		Balance of general net asset at end of year	750,097,316	2,924,577,554	3,674,674,870

#### I Restricted net asset increase or decrease

	Subsidies received	515,000,000	0	515,000,000
	Donations received	13,323,009	0	13,323,009
	Profit from endowment management	0	1,416,968	1,416,968
	Profit from special asset management	34,653,064	0	34,653,064
	Valuation profit/loss of special asset	△ 50,202,440	0	△ 50,202,440
Reclassified into general net asset		△ 188,138,176	△ 1,416,968	△ 189,555,144
Increase/decrease of restricted net asset		324,635,457	0	324,635,457
Balance of restricted net asset at beginning of year		2,207,694,913	113,600,000	2,321,294,913
Balance of restricted net asset at end of year		2,532,330,370	113,600,000	2,645,930,370

	II Balance of net asset at end of year	3,282,427,686	3,038,177,554	6,320,605,240
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Pr	ofile	
	Name:	Sasakawa Health Foundation
	Representatives:	Chair: Etsuko Kita, President: Hid
	Address:	Nippon Foundation Building 5F, 1
	Telephone:	+81-3-6229-5377 Fax: +81-3-62
	URL:	https://www.shf.or.jp
	Established:	May 4, 1974
	Administrative Jurisdiction:	The Cabinet Office
	Objectives as stipulated in the Articles of Incorporation:	This foundation will seek world per principle: 'The world is one family healthy life expectancies and to re spiritual. Persons affected by Har the world and we wish to serve the everyone.



As of 2	020 June	
Chair	Etsuko Kita	Honorary president, Japanese F
President	Hideo Sato	
Executive Director	Takahiro Nanri	
Trustee	Norihisa Ishii	Chief, National Sanatorium Tam
Trustee	Hiroyoshi Endo	Dean, Graduate School of Publi
Trustee	Tatsuko Matsushima	Center Chief, Peace House Hosp
Auditor	Koji Suzuki	Director, Museum of Maritime S
Auditor	Toshiaki Manome	Representative, MGA Profession
Councilor	Yasuko Ishigaki	Honorary Professor, Hokkaido N
Councilor	Takeju Ogata	President, The Nippon Foundati
Councilor	Kayoko Shimizu	President, Japan Visiting Nursin
Councilor	Tomoko Takaki	Editorial Writer, The Asahi Shim
Councilor	Eiji Nagao	Honorary Chief, National Sanato
Councilor	Tsuguya Fukui	President, St. Luke's Internation
Councilor	Shunichi Yamashita	Executive Advisor to the Preside
Advisor	Genji Matsumoto	
Advisor	Miyoji Morimoto	Former President, IDEA Japan
Advisor	Kazuhiro Yoshikura	Executive Director, The Nippon

#### ideo Sato

1-2-2 Akasaka, Minato-ku, Tokyo 107-0052 Japan 6229-5388

beace and the welfare of mankind in accordance with the ly. All mankind are brothers and sisters.' We aspire to extend resolve health issues, physical as well as social, mental and ansen's disease have undergone the most severe anguish in them as well as contribute to better health and dignity for

Foundation

#### Sasakawa Health Foundation

Nippon Foundation Building 5F, 1-2-2 Akasaka, Minato-ku, Tokyo, 107-0052 JAPAN Tel: +81-3-6229-5377 Fax: +81-3-6229-5388

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